

CITY OF CHEYENNE FIRE DEPARTMENT  
RELEASE AND WAIVER

The undersigned does hereby release, renounce, discharge and waive any and all claims which he or she has against the City of Cheyenne or any of its agencies, or which may arise in connection with the undersigned's participation in the following activities:

- \_\_\_\_\_ Training activities on City of Cheyenne property or any designated area.
- \_\_\_\_\_ Use of the training grounds or training room.
- \_\_\_\_\_ Use of any issued equipment.
- \_\_\_\_\_ Filling of breathing air bottles.

The undersigned acknowledges his or her understanding that these activities carry inherent risk of injury and that the undersigned knowingly and voluntarily accepts the burden for all such risks and consequence, including but not limited to, physical and financial risks.

The undersigned shall release, indemnify and hold harmless the City of Cheyenne and/or any of its agencies, and their officers, agents, successors and assigns from any cause of action, or claims of demands arising out of the undersigned's participation in these activities.

\_\_\_\_\_  
Date

\_\_\_\_\_  
Name